

Bipolar Phenotype Inventory

1. Source of Rating (select all that apply): (a) Medical records; (b) Interview with subject; (c) Interview with informant(s)

Item	Trait	comments	Severity		
			Score of 1	Score of 5	score:
2	Initial mode of onset		Abrupt onset within days	Insidious over period > 6 months	
3	deterioration	<i>Skip if onset < 5 years ago</i>	Illness has become less severe over time, requiring less intensive treatment	Frequency/severity of illness episodes have become markedly more severe over course of illness	
4	Inter-episode recovery		Full recovery between episodes of illness	Continuous, chronic illness without inter-episode recovery	
5	Time euthymic since onset		Occasional short illness episodes (> 90% euthymic)	Chronically meets criteria for major depression, hypomania or mania	
6	Manic vs. depressive predominance (first five years of illness)		No history of mania within five years of onset of first major depressive episode	all early episodes of severe illness are dominated by manic symptoms	
7	Manic vs. depressive predominance (later part of illness)	<i>Skip if onset < 10 years ago</i>	h/o single manic episode early in course of illness + multiple depressive episodes	Unipolar mania: no history of major depressive illness	
8	Prominence of mixed episodes		Manic episodes characterized by euphoria, absence of depressive symptoms	Manic symptoms always accompanied by prominent depressive symptoms	
9	Mood congruence of psychotic symptoms	<i>Skip if no hallucinations or delusions</i>	Content of psychotic symptoms consistently highly related to mood state	Persistent severe mood incongruent psychotic symptoms	
10	Post-partum exacerbation	<i>Skip if never been pregnant</i>	No exacerbation following >1 pregnancies	Consistent exacerbation of symptoms in first 6-month post-partum	
11	Response to lithium	<i>NA if never prescribed</i>	Robust sustained response to Lithium	No response to lithium	
12	Response to neuroleptic medication	<i>NA if never prescribed</i>	Robust sustained response to antipsychotics	No response to antipsychotics	
13	Response to other mood stabilizers	<i>NA if never prescribed</i>	Robust sustained response to other mood stabilizers	No response to other mood stabilizers	
14	Response to antidepressants	<i>NA if never prescribed</i>	Robust sustained positive response to antidepressants	Clear worsening of affective symptoms in response to antidepressants	
15	Panic symptoms		Never present	Very prominent even in the absence of pathologic mood episodes	
16	Educational attainment		Unable to complete primary school in regular classes	Holds an advanced degree	
17	Premorbid social adjustment		Easily made friends and got along with others	Unable to form lasting connections with peers, oddly related prior to onset of frank illness	
18	Impairments in activities of daily living over last 5 years		Fully capable of self-care, shopping, dressing, handling money.	Unable to sustain focused activity, or care for basic needs.	

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			Score of 1	Score of 5	score:
19	Impairment in occupational functioning over last five years		Employed fulltime or fulfilling responsibilities at level broadly consistent with education.	Chronically unemployed, or unable to perform responsibilities	
20	Impairment in capacity for intimate relationship over last 5 years		In committed, long-term romantic relationship; well functioning marriage	No romantic relationships	
21	Lack of insight into illness		consistent insight into the fact that psychotic/disorganized symptoms are present and attributable to illness	consistently lacking insight into the existence of a serious mental illness	